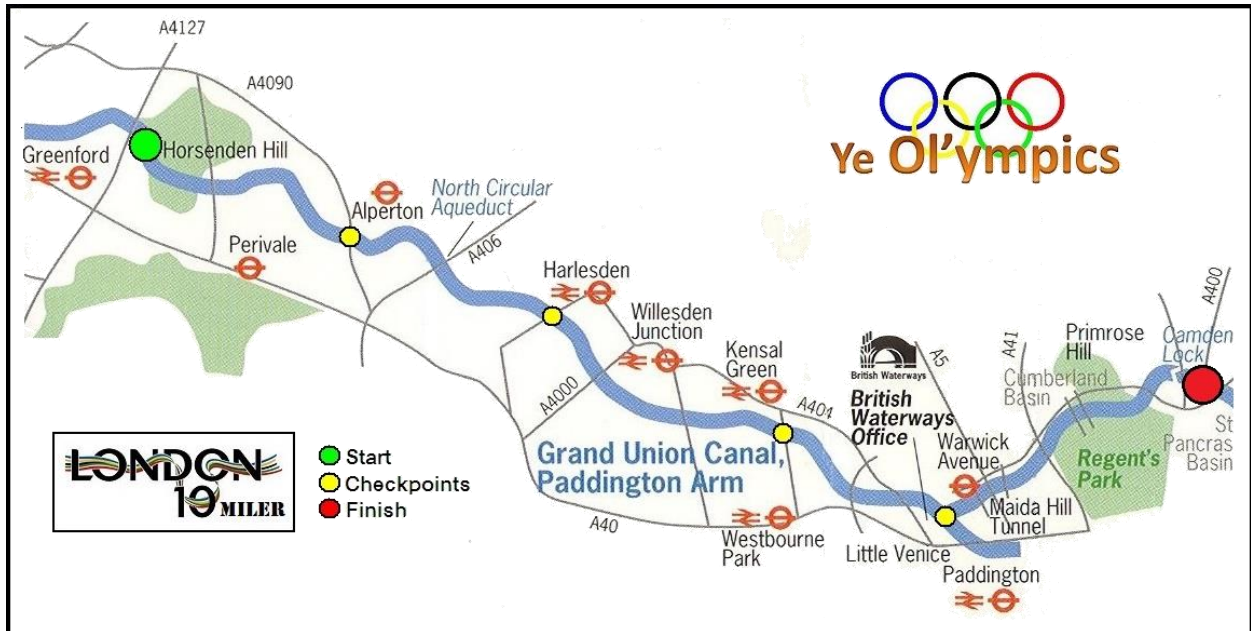


Ye Olympics London 10 Miler - John Clark



10 mile run along the Grand Union Canal towpath, from Horsenden Hill in Greenford to Camden Lock in central London to raise money for Starlight children's charity.

More details and donations accepted here - Thanks so much for anything you can spare :) yeolympicslondon10miler-751.starlight.org.uk - Or here, if it's easier - the logo is easy to find: www.starlight.org.uk/fundraising-pages



Starlight brightens the lives of seriously and terminally ill children by **wish granting** and also by providing fun, entertainment, laughter and distraction for children in every children's hospital ward and hospice throughout the United Kingdom. All Starlight's activities are aimed at distracting children from the pain, fear and isolation they can often feel as a result of their illnesses.

[John Clark](#)

12 August at 13:57 · [London](#) ·

Starlight have sent me my shirt... now I've got 6 weeks to get back in running form

